



Cleveland Orienteering Klub

AFFILIATED TO THE NORTH EAST ORIENTEERING ASSOCIATION
AND THE BRITISH ORIENTEERING FEDERATION



Tchimes Education Supplement

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ORIENTEERING NEWSLETTER FOR SCHOOLS

Issue Number 38 – Spring Term 2010

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and Mike (address above)

The club web site – with explanations, news, event details and results – is at www.clock.org.uk.

(1) Introduction

Circulation: - schools active in orienteering competitions, Partnership Development Managers, Competition Managers, Sports Development Teams, Sports Councils and the usual orienteering club and Governing Body suspects. People from outside CLOK's regular area with whom we have been working in the past year will receive a copy. If you feel anyone else needs a copy, let Mike know.

Happy New Year! Suggested New Year Resolutions - do more orienteering at school, or if you're already doing plenty, do it better - we can provide the coaching. Encourage people to make the school-club link by joining in (with or without their families) at CLOK's week-end events (see below)

(2) Schools Competitions.

The schedule for the remaining five events in the 2009/10 schools league is as follows – please keep in touch as it is always possible that dates and venues may change nearer the time:-

- Wednesday, Mar 03, Preston Park, Eaglescliffe
- Wednesday, Mar 17, Cowpen Bewley, Billingham
- Wednesday, May 26, Hardwick Park, Sedgefield (**revised date**)
- Wednesday, Jun 16, Summerhill, Hartlepool,
- Wednesday, Jul 07, Errington Woods, New Marske

All events are scheduled to start at 14:15, with start times available up to 17:00. Entry will be via the club web site and the on-line entry facility for this term's events event will be available shortly. Current leaders after two events are - Primary Schools, and Redcar and Cleveland cup, St Paulinus, Secondary Schools - junior, Yarm School, senior, Hurworth Comprehensive. Cost £1.00 per runner. Entry is through the web site, and you will need a school password which can be arranged with Mike. This will enable you to enter pupils for the various courses and book start times in advance. Schools who compete regularly will receive individual final details a week or so before the events. Others can be added to the list on request.

(3) Other inter-school competitions

Local Authority Competition Managers, working with Partnership Development Managers and School Sports Co-ordinators, have arranged with us to run a series of inter-primary schools competitions, leading to a Tees Valley final for the two winning teams from each District .

Dates have been fixed as follows (again check for any changes)

- Friday, Oct 02, Flatts Lane, Normanby, winners Wheatlands Primary, second Ormesby Primary
- Tuesday, March 09, Cowpen Bewley, Stockton championship
- Tuesday, May 04, Summerhill, Hartlepool championship
- Thursday, May 06, Stewart Park, Middlesbrough championship
- Tuesday, May 25, Darlington championship
- Tuesday June 08, Preston Park, Tees Valley finals



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(4) Teacher / Leader courses

These courses, now called Teaching Orienteering Part 1, are designed for those with no previous experience of orienteering who wish to introduce children to the sport on school grounds or in suitable local parks. Participants receive an attendance certificate from the National Governing Body and a CD-based resource pack including lesson programmes for introducing orienteering in schools.

One course is planned this term

Tuesday, Apr 27, Longfield School, Darlington, 0930-1600

There is a maximum of 16 places on this course –if demand is greater, we will be able to add a further course. Fees are £55 per participant, and potential candidates should register with Mike

(5) Other events

Please bring people to, or send with their families, (or in any event publicise) CLOK's regular local events at weekends, where courses of all difficulties are offered, from White (starter level) through to Brown (experienced runners), plus where suitable a string course for under sevens. These events offer experience in the wider orienteering world, and full details can be found on the club web site, www.clok.org.uk

Sunday, 24 January, Silton Forest, near Northallerton

Sunday, 14 February, Ayton Moor, above Great Ayton

Sunday, 28 March, Cringle Moor, above Carlton-in-Cleveland

If you are planning to attend, it is a good idea to contact Mike in advance to discuss options and to ensure we are ready for you

(6) Coaching

We will continue to contact those schools who have been mapped in the last months to arrange coaching sessions, but in any event if you would like us to put on a coaching session on your school map or elsewhere, we can do it, subject to diary. Contact Mike and we'll be pleased to set things up. We can also fix up more advanced sessions in local parks and woodlands.

(7) Schools Mapping

Remember we can arrange to get your school mapped to full orienteering standard, including 20 laminated maps and a resource pack, for £250. This includes a two hour coaching session, which we recommend is used to introduce members of staff to the basic exercises. If you already have a school map, and there have been building alterations recently, we can usually incorporate these for £100 - £150, depending on the extent of the changes, plus the cost of the new maps. So let us know if you need mapping services, and we'll sort it out.

(8) Finally

If this newsletter appears weighted towards the Tees Valley, that is because this is where we have the longest history. However, we have now mapped, and provided introductory coaching to, 45 schools in County Durham, and have run inter-primary competitions at Woodham Community College, Sedgfield Community College, Hackworth Park, Shildon, and the very excellent Hardwick Park, and run teacher/leader courses at Sedgfield Community College and Hardwick Park. So, if you need anything in the orienteering line, give us a shout – we can probably deliver!

Hope to hear from you or see you soon ----- Mike Hardy

Circulation – Cleveland Schools, Alyson Raw, Claire Tennyson, Mike Mastrodonardo, Sheila Boyes, Daran Croft, Carl Smith, John Hewitson, Stephen Monan, Louise Sherrington, Joanne Emmerson, Natalie Downs, Paul Foreman, Emma Reah, Tony Davison, Emma Turnbull, Mick Sullivan, Michelle Kirkbright, Jean Lordon, Steve Howell, Dave Goodwin, Dianne Snowsill, Hilary Conway, Judith Donachy, Darren Hrynyszak, Caroline Watson, Hilary Palmer, John Crosby, Patrick Smythe, Boris Spence, Michel Johnstone, Anne Dehany, Phill Batts liz Blanchard, Duncan Archer, Alastair Mackenzie, Linda Thornton